



PREPARING FOR YOUR PROCEDURE UNDER IV SEDATION

- Do not eat or drink anything after midnight the night before your procedure. No food or drinks the morning before your procedure. **This includes water.**
- During the consultation you will discuss your medication list with Dr. Galbraith and he will determine which ones you should or should not take on the day of surgery. Those medications that you need to take should be taken with a small sip of water.
- If you are diabetic and your blood sugar is low you can have clear fluids such as apple juice or Gatorade, dissolved sugar, or glucose tablets. Please notify Dr. Galbraith of your blood sugar reading and any liquids you have ingested.
- Wear comfortable clothes. This includes a short sleeve shirt so that your arm can be easily accessed to start an IV.
- Avoid dark nail polish as this can affect the pulse oximeter reading during surgery.
- Arrange a ride home from your procedure with someone you trust. This person must be at least 18 years old with a valid driver's license. You may not take a cab, Uber/Lyft or any other public transportation.
- Although you may be nervous, please do not take additional anti-anxiety or narcotic pain medications, even if prescribed to you, without first discussing with Dr. Galbraith. These medications can interact with the medications we administer through the IV.